



Insurance Scope - Coaches & Instructors

Your insurance policy allows the insured coach to instruct all sports up to and including their chosen insurance category on the condition that they are qualified to a minimum standard as recognised by the UK National Sport Governing Body for the sport(s) being instructed or otherwise agreed and recorded by us.

Category A Insurance you can instruct sports within category A only. Category B Insurance can instruct sports within category A and B only. Category C Insurance can instruct sports within category A, B & C only. Category D Insurance can instruct sports within all categories.

Category A - Coaches & Instructors

Angling - Athletics - Axeman - Badminton - Billiards - Bocce - Boccia - Bowls - Cheerleading - Chess - Childrens Multi-Sports - Croquet - Dance - Darts - Diving (Board) – **(1)** Fitness Class Instructor - Goalball - Handball - Ice Skating - Inline Skating - Korfbal - Marching - Netball - Nordic Walking - Octopush - Orienteering - Parachute Games (ground only) – **(2)** Personal Trainer - Petanque – Pool (snooker associated) - Powerlifting - Racquet Ball - Roller Skating - Rowing - Running (indoor, cross country, path, road) - Snooker - Squash - Swimmers with disabilities - Swimming (open water) - Swimming (pool) - Synchronised Swimming - Table Tennis - T-ball - Ten Pin Bowling - Tennis (inc Mini & Short) - Touch Football - Touch Rugby - Ultimate Frisbee - Volleyball - Water Polo - Weight Lifting

Category B - Coaches & Instructors

Baseball - Basketball - Boxing (amateur) - Canoeing - Crazy Catch - Cricket - Crossbow Shooting - Curling - Dodgeball - Fell Running - Fencing - Floorball - Football - Golf - Hockey (Field) - Hockey (Inline) - Hockey (Roller) - Kayaking – **(3)** Martial Arts – Paddle Tennis – Pole Dancing – Pole Fit - Ringette - Rock-it-Ball - Rogaining - Rounders - Shooting - Softball - Stoolball - Tchoukball - Trampoline - Triathlon - Tri-Golf - Vigoro – Windsurfing – Y Ball

Category C - Coaches & Instructors

Abseiling - American Football - Archery - BMX - Bowhunters - Camogie - Cross Country Skiing - Cycling - Gymnastics - Hurling - Ice Hockey - Lacrosse - Mountain Biking - Sailing - Scuba Diving - Surf Life Saving - Surfing - Wakeboarding - Water Skiing

Category D - Coaches & Instructors

Australian Rules Football - Climbing (Indoor) - Gaelic Football - Parachuting - Skiing (on-piste) - Snowboarding (on-piste)

(1) Fitness and Dance Classes - Category A - Coaches & Instructors

Aerial Hoop Dancing - Aerial Silk Dancing - Aerobics – Aerobic Swimming - Aqua Zumba - Ballet Dancing - Ballet Fit - Belly Dancing - Body Attack - Body Balance - Body Combat (Non Contact) - Body Jam - Body Pump - Body Step - Body Vive - Bokwa - Boot Camp - Boxcercise - British Military Fitness - Buggy Fit - Burlesque Fit - Calisthenics - Chair Based Exercise - Chi-Yoga - Circuit Training - Contra Dancing - Country Dancing - Cross Fit - CX Work - Exercise Class – Fit Ball - Fit Steps - Flamenco Dancing - Folk Dancing - Grit Cardio - Grit Plyo - Grit Strength - Hip Hop Fit - Hip-Hop Dancing - Hula Hoop Classes - Indian Club Swinging - Insanity Workout - Jazz Dancing - Jazzercise - Jumpstyle - Just Jhoom - Kanga Training - Latin Dancing - Latin Fit - Les Mills - Martial Arts Based Fitness (Non Contact) Classes - Modern Dancing - Pilates – Piloxing - Pre & Post Natal Fitness Classes - RPM - Running (indoor, cross country, path, road) - Salsa Dancing - Salsa Fit - Sh'Bam - Skipping Classes - Spinning Classes - Street Dancing - Swing Dancing - Tai Chi - Tap Dancing - Tap Fit - Urban Dancing - Water Exercise - Yoga - Zumba - Zumba Gold - Zumba in the Circuit - Zumba Sentao - Zumbatomics - Zumba Toning - Zumbini

(2) Personal Trainer - Category A - Coaches & Instructors

Exertrain Practitioner - Fitness FX - Friskis & Svetits - General Exercise Class - Gymnasium Instruction - Gyrotonic Instruction - Kettlebells - Les Mills - Metafit - Personal Training - Powerplate - Rebounding - Running (indoor, cross country, path, road) - Sports Massage (not in isolation) - Thump Boxing - TRX Training - ViPR

(3) Martial Arts - Category B - Coaches & Instructors

Aiki Jujitsu - Aikido - Bujutsu - Capoeira - Choy Lee Fut - Freestyle Kung Fu - Hapkido - Iaido - Japanese Karate - Jeet Kune Do - Judo - Jujutsu - Karate - Kempo - Kendo - Koriken Karate - Kung Fu - Kyudo - Laido - Ninjutsu - Preying Mantis - Qi Gong - San Soo Kung Fu - Savate - Shindo Junen Ryu - Shotokan - Taekwondo - Tai Chi Chuan - Tang Soo Do - Wing Chun - Wing Tsun - Wushu - Yoseikan Budo